Daily Article (Bharath's Reading list) - Answers and Explanations 02.05.2023

Article link : https://bit.ly/40XYlxx (There is No Dalit Cuisine)

1.According to the article, no Dalit Cuisine exists as:
A.The caste system only granted plenitude and choice of food to the elite castes
B.There is a glaring absence of Dalit chefs and food professionals in India
C.Unlike the upper-class and colonial vision of Indian cuisine, Dalit cuisine was not recorded
D.All the above

Explanation : A
Option A is clearly mentioned in the article. Option B does not explain why there is no Dalit Cuisine. Option C is not mentioned in the article.

2.Based on the article, none of the following is correct, except:
A.The word Dalit was first used by Bhimrao Ambedkar, an author of the Indian constitution
B.The exported culture of Indian cuisine is premised on moderation
C.Caste and class are the same mechanism, as one keeps the other tightly in place
D.Dalit culinary traditions are diverse, varying with regions and communities in which they originated.

Explanation:D
Options A, B and C are incorrect. Option D is true: "Rajyashri says there is no "Dalit cuisine"—these culinary traditions are as diverse as the regions and communities in which they originated".

3.Which of the following is not true about the traditional food culture in Dalit homes?
A.It was based on ingredients rejected by upper castes
B.It included ingredients that were easily foraged and available
C.It attributes to one quality to each dish based on its nutritional value
D.It did not include butter, ghee and sugar

Explanation:
Correct option **C**
Option C is incorrect: “These processes of thought that group food into categories, that attribute to each dish one quality, is a product of privilege that our communities do not have.”