



Daily Article (Bharath's Reading list) - Answers and Explanations 24.08.2023

Article link : <https://bit.ly/3YKYxRh> (What Is Narcissism? Science Confronts a Widely Misunderstood Phenomenon)

1. According to the article, narcissism manifests in different ways but what is common is:

- A. An underlying vulnerability
- B. An extreme preoccupation with oneself
- C. A strong craving for attention
- D. The coexistence of grandiosity and vulnerability

Explanation : B

Refer to the lines, 'And although most people are familiar with the "grandiose" version of narcissism—as displayed by an arrogant and pompous person who craves attention—the disorder also comes in a "vulnerable" or "covert" form, where individuals suffer from internal distress and fluctuations in self-esteem. What these seeming opposites have in common is an extreme preoccupation with themselves.'

2. None of the following statements is incorrect, except:

- A. Narcissism may not always be dysfunctional; it may manifest as being achievement oriented and focused on improving one's own lot in life
- B. Psychologists do not agree that grandiose traits always conceal feelings of insecurity and low self-esteem
- C. Treatments such as mentalization and transference have been specifically developed for narcissistic personality disorder

D. Both dimensions of narcissism are linked to antagonism, which includes selfishness, deceitfulness and callousness

Explanation: C

All options except C are true. Option C is incorrect : 'To date, there have been no randomized clinical trials for treatments specific for narcissistic personality disorder. Clinicians have, however, begun to adapt psychotherapies that have proved to be effective in other related conditions, such as borderline personality disorder. Treatments currently used include "mentalization," ..and "transference," ...'

3. Which of the following is not true about Narcissistic Personality Disorder?

- A. It is characterized by an inability to maintain a steady sense of self-esteem
- B. It often occurs along with other conditions, such as depression or bipolar disorder
- C. It is marked by persistent, long-term issues
- D. It is caused not due to genes, but dysfunctional parenting and painful childhood experiences

Explanation: D

Note the line, 'Research with identical and nonidentical twins suggests that narcissism may be at least partially genetically heritable, but other studies indicate that dysfunctional parenting might also play a significant role.'