



Daily Article (Bharath's Reading list) - Answers and Explanations 25.08.2023

Article link : <https://bit.ly/3YS7rMO> (What Is Time For?)

1. According to the article, leisure is:

- A. Recreation, in order to relax or rest before beginning to labor anew
- B. An activity or set of activities that could count as the culmination of all our endeavors
- C. A break from real life that helps us stave off the tension of anxieties
- D. All the above

Explanation : B

Note the lines, 'The leisure that is necessary for human beings is not just a break from real life, a place where we rest and restore ourselves in order to go back to work. What we are after is a state that looks like the culmination of a life.'

2. We are distracted from leisure due to which of the following?

- A. Conflicting desires for social advancement
- B. Our fear of leisure and resistance to it from inside
- C. Our own emptiness within due to our dependence on what comes from the outside
- D. All the above

Explanation: D

All given points are mentioned in the article.

3. Based on the article, which of the following is incorrect?

- A. Leisure is an interior discipline that might require sacrifice
- B. Leisure requires cultivation of not only habits but also communities that help to form habits
- C. Organizing our lives around instrumental pursuits can eat away at our humanity
- D. Contemplative leisure only takes an intellectual form, in study and thinking.

Explanation: D

Refer to the lines, 'The leisured contemplation in loving relationships is worth mentioning, since it is the type most commonly recognized and valued today. But there is also the more traditional, intellectual form of leisure: Renée sequestered in her room reading, cat curled at her feet.'